

PLACE	TEA ROOM	CONTACT DETAILS	GRID REF.	OPEN
A			TOP OF PAGE	BACK TO MAP 1
ADVERSANE (W.Sx)	OLD HOUSE RESTAURANT	01403 782186	TQ 074233	DAILY INC. SUN.
ALBOURNE (W.Sx)	CAFE, FIRSLAND PARK INDUSTRIAL ESTATE, HENFIELD ROAD, ALBOURNE, BN6 9JJ	-----	TQ 245176	WEEKDAYS ONLY HOURS NOT KNOWN
ALBOURNE (W.Sx)	BEACON BIKES CAFE, LONDON ROAD, ALBOURNE, W. SX., BN6 9BQ Note: Follow road directions to Brighton Karting	07542 188 633	TQ 268152	DAILY 8:00 - 6:00
				BACK TO MAP 1
ALFRISTON	SINGING KETTLE & OTHERS		TQ 521032	DAILY INC. SUN.
ALFRISTON	BADGERS TEA ROOMS	01323 870849	TQ 521032	DAILY INC. SUN.
				BACK TO MAP 1
AMBERLEY (W.Sx)	AMBERLEY VILLAGE TEA ROOMS, THE SQUARE, BN18 9SR	01798 839196	TQ 032131	GOOD FRIDAY - END OF SEPT 10:30-5:30 CLOSED WED. MARCH to EASTER & OCT - SAT & SUN CLOSED NOV - START OF MARCH
AMBERLEY (W.Sx)	HOUGHTON BRIDGE TEAROOMS BN18 9LP	01798 831558	TQ 025119	DAILY April - Oct. Weekends rest of year.
				BACK TO MAP 1
ANGMERING (W.Sx)	ROUNDSTONE GARDEN CENTER	01903 776481	TQ 076033	DAILY INC. SUN.
				BACK TO MAP 2
APPLEDORE (Kent)	MISS MOLLETT'S HIGH CLASS TEA ROOM, main street	01233 758555	TQ956294	TUES-SUN 10 -6 & BANK HOL. MONDAYS
				BACK TO MAP 2
ARLINGTON	ARLINGTON TEA GARDENS, PLACKETTS CORNER, ARLINGTON, BN26 5RD	01323 484549	TQ553072	MON. & TUES 11:00 - 3:00 BANK HOL. MON. 10:00 - 4:00 WED - SUN 9:30 - 4:30
				BACK TO MAP 1
ARLINGTON RESERVOIR	CAFE/TEA BAR IN CAR PARK, STATION ROAD.		TQ527075	10 - 4 DAILY (SEASONAL) Though may close if quiet
				BACK TO MAP 1
ARUNDEL	TUDOR ROSE, 49 HIGH STREET	01903 883813	TQ 018072	DAILY

ARUNDEL	SEVERAL IN TARRANT STREET		TQ 017071	MAINLY MON-SAT
ARUNDEL	WATER'S EDGE CAFE, ARUNDEL WETLAND CENTRE, MILL ROAD, ARUNDEL, BN18 9PB	01903 881530	TQ 020081	DAILY 9.30 - 5.30 IN SUMMER CLOSES 4.30 IN WINTER
				BACK TO MAP 2
ASHBURNHAM	THE ORANGERY TEA ROOMS, Ashburnham Christian Trust, Ashburnham Place, Battle, East Sussex, TN33 9NF	01424 984201	TQ 690145	TUES-SUN. 8:30 - 5:30
ASHINGTON	JUNGLE TEAROOM, BIG PLANT NURSERY, HOLE STREET ASHINGTON, RH20 3DE	01903 891466	TQ 134153	Mon - Sat 9:30am - 4:30pm Sun 10am - 3:30pm
B			TOP OF PAGE	BACK TO MAP 1
BALCOMBE (W.Sx)	THE BALCOMBE TEA ROOMS, BRAMBLE HILL, RH17 6HR	01444 811777	TQ 308306	Tue-Sat 10.30-5; Sun. & BH Mon 11 - 5
				BACK TO MAP 1
BARNES GREEN (W.Sx)	CAFE BY THE LAKE, SUMNERS PONDS, CHAPEL ROAD, BARNES GREEN, WEST SUSSEX, RH13 0PR	01403 732539	TQ121268	9 - 6 DAILY IN SUMMER MONTHS (CHECK)
				BACK TO MAP 1
BARNHAM (W.Sx)	COSY CORNER CAFE, Parsonage Farm, Yapton Road, Barnham, PO22 0BD nr. BARNHAM WINDMILL on B2233 (contact Fiona Warren)	07889 249 557	SU 968038	Tues-Sun & Bank Hols. 10.00 to 5.00 ring to check
				BACK TO MAP 2
BATTLE	BENJI'S COFFEE SHOP, 5 MARKET SQR.	01424 775066	TQ 745161	DAILY INC. SUN.
BATTLE	GATEWAY TEAROOMS, 78 HIGH STREET, TN33 0AG	01424 772856	TQ 748158	DAILY INC. SUN.
				BACK TO MAP 2
BEDGBURY	BEDGEBURY PANTRY, BEDGEBURY PINETUM B2079 nr. GOUDHURST	07864 966247	TQ 715337	DAILY 10 - 5
				BACK TO MAP 2
BELLS YEW GREEN (FRANT LAKES)	CAFE, FRANT LAKES, HAWKENBURY ROAD, BELLS YEW GREEN, FRANT, TN3 9AF	0844 417 2755 EMAIL:sales@sussexspitroast.co.uk	TQ 610371	Open Tues - Fri 9 - 4 , Sat 8 - 5, Sun 7 - 4 .
				BACK TO MAP 1
				BACK TO MAP 2
BEWL WATER (KENT)	CAFE AT VISITOR CENTRE	01892 890171	TQ 677337	DAILY Apr-Oct; Winter weekends only
				BACK TO MAP 2

BEXHILL	SOVEREIGN LIGHT CAFE, WEST PARADE, TN39 3DX - ON PROM.	01424 222136	TQ 735068	DAILY INC. SUN.
BEXHILL	CAFE AT DE LA WARR PAVILION	01424 220550	TQ 742061	DAILY INC. SUN.
				BACK TO MAP 2
BIDDENDEN, KENT	THE TINY TEAPOT, 23 HIGH STREET, TN27 8AL	07817 375475	TQ 851383	Tues - 10:00 - 16:30; Wed.- 09:30 - 16:30 Thurs. - 08:30 - 16:30; Fri.- 08:30 - 17:00 Sat.- 09:00 - 17:00; Sun.- 10:00 - 17:00
BIDDENDEN, KENT	THE BAKEHOUSE, 10 HIGH STREET, TN27 8AH	01580 292270	TQ 851383	Mon - Sat: 8am - 5pm Sunday: 8am - 2pm
BIDDENDEN, KENT	COFFEE SHOP AT BLOOMSBURY'S FARM SHOP - (on A262, 1.5 miles West of Biddenden)	01580 292992	TQ 840383	9.00 - 5.30; SUN 10.00-4.00
				BACK TO MAP 2
BIDDENDEN, KENT	BIDDENDEN VINEYARD, Gribble Bridge Lane, Biddenden, TN27 8DF	01580 291726	TQ 849362	DAILY, INC. SUN.
				BACK TO MAP 1
BILLINGSHURST (W.Sx)	WHISPERS, LIBRARY CAR PARK, MILL LANE, RH14 9NY	01403 784445	TQ 088260	MON. - SAT. 9:00-5:00 SUN. 10:00-4:00
BILLINGSHURST (W.SX.)	TRUFFLES, 8 The Maltings, Billingshurst, RH14 9JL	01403 785429	TQ 088622	MON-SAT 7:30-4:30; CLOSED SUNDAY
				BACK TO MAP 1
BILLINGHURST (Nth)	BILLIES ON THE ROAD, STANE STREET (A29), FIVE OAKS, RH14 9AE	01403 784289	TQ 095279	MON.-FRI. 7:00-7:00 SAT. 7:00-4:00; SUN. 8:00-4:00
				BACK TO MAP 2
BIRLING GAP	CAFE AT BIRLING GAP HOTEL (A29) CLOSED?	01323 423197	TQ 423197	DAILY INC. SUN
				BACK TO MAP 1
BLACKBOYS	The Cow Shed , Brownings Farm Workshops, Lewes Road, Blackboys, TN22 5HG.	7742757346	TQ 530209	MON.-SAT. 10:00 - 3:00 CLOSED SUN.
				BACK TO MAP 2
BODIAM	CAFE at THE HUB, QUARRY FARM, BODIAM, TN32 5RA	01580 754 754 info@thehubquarryfarm.co.uk	TQ 780245	DAILY - 9-5:30
BODIAM	TEA ROOM AT CASTLE	01580 830212	TQ 784254	Mar-Oct Daily 10-5 Winter - weekends 10-4
				BACK TO MAP 1

BRIGHTON (East)	ROEDEAN CAFE (at miniature golf - A259)	01273 570513	TQ 344033	DAILY
BRIGHTON (North)	BRIGHTON FOOD FACTORY CAFE AT WATERHALL GOLF CLUB, SADDLESCOMBE ROAD, BRIGHTON (NORTH OF A27)	01273 508658	TQ 281089	DAILY 7:00 - 5:00
				BACK TO MAP 1
BROAD OAK, HEATHFIELD	TOTTINGWORTH FARM CAFE, BROAD OAK, HEATHFIELD, TN21 8TH	01435 862425	TQ 604219	TUES.-SAT. 9:00 to 5:00 SUN: 10:00 to 4:00
				BACK TO MAP 2
BROOKLAND (ROMNEY MARSH, KENT)	JO'S CAFE, THE CAMP, BROOKLAND, TN29 9TF (ON A259)		TQ 974246	8.30 - 5.00 DAILY EXCEPT WEDNESDAYS
BURWASH COMMON	TASTEBUDS AT PETALS FOR PLANTS GARDEN CENTRE, BURWASH ROAD, BROAS OAK, E SUSSEX TN21 8XG	01435 884111	TQ 625233	DAILY 10.00-5.00; SUN 10.15-4.00
BURWASH COMMON	OLD ORCHARD NURSERY, VILLAGE SHOP & CAFE , HEATHFIELD ROAD, BURWASH COMMON, TN19 7NB	07969 778985	TQ 638234	MON-SAT 8:30-3:30 CLOSED SUNDAY
				BACK TO MAP 1
BUXTED (W. of)	CAFE at OAST FARM SHOP, LEPHAM'S BRIDGE, BUXTED, TN22 4AU	01825 733592	TQ 482237	WED - SAT 9-5; SUN 10-2
C			TOP OF PAGE	BACK TO MAP 2
CATSFIELD	POTTING SHED CAFE, GREAT PARK FARM NURSERY, CATSFIELD, TN33 9DT	01424 772531	TQ 726147	MON-SAT 9.00 - 5.30 SUN 10.00 - 4.00
				BACK TO MAP 1
CHELWOOD GATE	CAFE, NATIONAL CAT CENTRE, CHELWOOD GATE, RH17 7TT	01825 741900	TQ 415304	DAILY 9:00 - 4:00
CHIDDINGLY (MUDDLES GREEN)	CHIDDINGLY COMMUNITY SHOP & CAFE, FARLEYS YARD, MUDDLES GREEN, BN8 6HW	EMAIL: lauren@chiddinglyshop.org	TQ 546134	Mon - Fri 9.00 to 5.30; Sat 9.00 to 12.30 CLOSED Sun & Bank Hol. Mon.
CLAY HILL (A26)	DAISY'S TEA ROOMS AT ENCRYPTION ESCAPE ROOMS, BANFF FARM, CLAY HILL, BN8 5RR	01273 814696	TQ 446148	OPEN WED-SUN 9 -2 MARCH TO END OF OCT.
				BACK TO MAP 1
COWFOLD (W.Sx) S. of	CHALET TRANSPORT CAFE	01403 864314	TQ 210217	DAILY INC. SUN WEEKDAYS FROM 7.00
				BACK TO MAP 1

COWFOLD (W.Sx) 1mile W.	CAMELIA BOTNAR NURSERY, LITTLEWORTH LANE RH13 8NA	01403 864773	TQ 191225	9 - 5 (Sat & Sun 10.30-4.30)
CUCKFIELD	FLANEUR, CLOCK HOUSE, HIGH STREET, CUCKFIELD, RH17 5JX	01444 454190	TQ	TUES-FRI. 10-5; SAT 9.30-5 CLOSED SUNDAY
				BACK TO MAP 2
DANEHILL	HEAVEN FARM (A275)	01825 790888	TQ 407264	Mar-Oct Daily 10-6; Nov-Feb Sat & Sun only
				BACK TO MAP 1
DIAL POST (W.Sx)	OLD BARN NURSERIES (S. of Dial Post)	01403 710000	TQ 153187	Daily 9 - 6 Sun. 9 - 5.30
				BACK TO MAP 1
DITCHLING	NUTMEG TREE TEA ROOMS, 6 WEST ST., dITCHLING. (FORMERLY - DITCHLING TEA ROOMS)	01273 842708	TQ 325153	DAILY INC. SUN. 8:30 - 4:00
DITCHLING	MUSEUM TEA ROOMS, LODGE HILL LANE, BN6 8SP	01273 844744	TQ 325154	TUES-SAT. & BANK HOLDS. 11 00 - 5 00 SUN. 12.00 - 5.00
				BACK TO MAP 1
DITCHLING	GARDEN PRIDE, GARDEN CENTRE , B2112 Nth. of village	01273 846844	TQ 329165	DAILY (SUN. 10.00-4.30)
				BACK TO MAP 1
DUDDLESWELL	DUDDLESWELL TEA ROOMS on B2026	01825 712126	TQ 467281	Ring for opening hours.
DUDDLESWELL	CAFÉ AT ASHDOWN FOREST GARDEN CENTRE (on B2026)	01825 712233	TQ 468284	DAILY INC. SUN. 10-5 ?? CLOSED MONDAYS IN WINTER - RING TO CHECK
				BACK TO MAP 2
DUNGENESS (Kent)	LIGHT RAILWAY CAFE, DUNGENESS RD.	01797 320852	TR 090170	DAILY (when trains run?) & Thurs-Sun 10-4
				BACK TO MAP 2
EAST GRINSTEAD	JACK'S PLACE, KING'S LEISURE CENTRE, MOAT ROAD	01342 326122	TQ 393385	MON-FRI 7.30-8.00 SAT-SUN 8.00-8.00
				BACK TO MAP 1
EAST GRINSTEAD (Sth of)	CADENCE CAFE AT DEERSLEAP PARK , SAINT'S HILL, EAST GRINSTEAD, RH19 4NG	01342 325858	TQ 384357	OPEN DAILY 9-3 weekdays, 9-4 weekends
E			TOP OF PAGE	BACK TO MAP 1

EAST HOATHLY	MUFFINS, 9, HIGH STREET, EAST HOATHLY, BN8 6OR	01825 840087	TQ 523165	Mon to Sat. 9:30 - 4:30pm Closed Bank Holiday Mon.
				BACK TO MAP 2
EASTBOURNE	SAINSBURY'S, CROSS LEVELS WAY		TQ 600013	DAILY INC. SUN.
EASTBOURNE	TESCOS, LOTTBRIDGE DROVE		TQ 625011	DAILY INC. SUN.
				BACK TO MAP 2
EASTBOURNE (EAST)	ASDA STORE, Sovereign Harbour Retail Pk.		TQ 636022	DAILY INC. SUN.
EDENBRIDGE, KENT off map North of Hartfield	THE PANTRY, THE ELMS, CHARTWELL BARNS, BOUGH BEECH ROAD, FOUR ELMS, EDENBRIDGE, TN8 6ND		TQ 473479	MON-SAT 9 - 5; SUN 10 - 5
				BACK TO MAP 2
ERIDGE	THE DEER PARK CAFE, SHAM FARM ROAD, ERIDGE, E. SUSSEX, TN3 9JB	01892 750722 7841019251	TQ 555346	MON.-FRI.: 7.30-5.00 Weekend : 10.00-5.00
				BACK TO MAP 2
ETCHINGHAM	KING JOHN'S NURSERY, SHEEPSTREET LANE, ETCHINGHAM, EAST SUSSEX, TN197AZ	01580 819220	TQ 695277	9:00 - 5:00 EXCEPT TUESDAY (CLOSES AT 4:00 NOV- MARCH)
				BACK TO MAP 2 BACK TO MAP 1
EXCEAT	EXCEAT FARMHOUSE, Seven Sisters Centre	01323 870218	TQ 518996	DAILY INC. SUN.
				BACK TO MAP 1
FAIRLIGHT	COASTGUARD CAFE, COASTGUARD LANE, FAIRLIGHT, TN35 4AB	https://www.coastguardcafe.co.uk/ 01424 813373	TQ 860117	TUES-SAT 9-5, SUN 10-5 CLOSED MONDAYS
F				BACK TO MAP 1
FIRLE	MIDDLE FARM SHOP (on A27)	01323 811411	TQ 488079	DAILY INC. SUN. 9.30-5
FIRLE	BEANSTALK TEA GARDENS, OLD COACH ROAD, FIRLE, BN8 6PA	01273 858906	TQ 481069	THURS-SUN 12:30-5:30
				SUMMER ONLY?
FIVE ASHES	WHITE'S GARDEN NURSERY, MERES LANE, FIVE ASHES, MAYFIELD, EAST SUSSEX, TN20 6JS	01435 873713	TQ 570253	WED - SAT. 10 - 4.30
				BACK TO MAP 1

FLETCHING	DENNIKER FARM SHOP CAFE, RUSTON BRIDGE ROAD, TN22 3SH	01825 722038		MON-SAT 8:30 - 4:00
				BACK TO MAP 1
FOREST ROW	ANGELA'S PATISSERIE, 3 THE SQUARE (BAKERY & TEAS)	01342 823136	TQ 425352	MON-SAT?
G	TOP OF PAGE			BACK TO MAP 1
GLYNDE	LITTLE COTTAGE TEA ROOMS, NEXT TO POST OFFICE	01273 858215	TQ 456089	10.00 - 4.00 WED. - SUN.
				BACK TO MAP 2
GLYNDLEY (sth. of Hailsham)	HILLIER'S GARDEN CENTRE on B2104	01323 763240	TQ 601065	DAILY INC. SUN.
				BACK TO MAP 2
GLYNE GAP	CAFE ON BEACH		TQ 078764	DAILY
				BACK TO MAP 1
GOLDING BARN (WEST SX.)	Golding Barn Cafe, Unit 18, Golding Barn Farm, Henfield Road Small Dole, BN5 9XH	NOT KNOWN	TQ 210108	MON - FRI 8.30 - ?
				BACK TO MAP 2
GOUDHURST (KENT)	WEEKE'S BAKERY	01580 211338	TQ 722377	Mon-Sat 9-5; closed Sun.
H	TOP OF PAGE			BACK TO MAP 2
HAILSHAM	LAGOON LEISURE CENTRE	01323 846755	TQ 591096	DAILY INC. SUN.
HAILSHAM	HOMELY MAID CAFE, 2 HIGH STREET	01323 841650	TQ 592095	NOT SUN.
HAILSHAM	TRUFFLES, 15 HIGH STREET, BN27 1AL	01323 842576	TQ 592095	MON - SAT 8:00-5:00 CLOSED SUN.
				BACK TO MAP 1
HALLAND	FORGE COFFEE SHOP, HALLAND MOTEL	01825 840256	TQ 503166	DAILY INC. SUN.
HALLAND	SPADE & SPOON CAFE AT STAVERTON'S GARDEN CENTRE, EASTBOURNE ROAD, HALLAND, BN8 6PU. A22 N.W. OF HALLAND ROUNDABOUT	Email: dan@spade andspoon.co.uk Tel: 07951572587	TQ 497170	MON - SAT 9:00 - 4:00 CLOSED SUNDAY
				BACK TO MAP 2
HAM STREET (Kent)	HAM STREET GARDEN CENTRE	01233 733546	TR 004325	DAILY INC. SUN.
				BACK TO MAP 1
HANDCROSS (W.Sx)	JO CO CAFE , THE OLD FORGE GARAGE, HAND CROSS, RH17 6BJ	01444 401030	TQ262298	MON.-SAT. 7:30 - 4:30 SUN 10:00 - 4:00
HANDCROSS (W.Sx)	HIGH BEECHES GARDEN CENTRE, ON B2110 1 MILE EAST	01444 400550	TQ 277309	MOST OF YEAR - DAILY 11.30 - 4.30
				BACK TO MAP 2

HAMPDEN PARK, EASTBOURNE	LAKESIDE TEA CHALET, PARK AVENUE	01323 502492	TQ 600017	DAILY INC. SUN.
				BACK TO MAP 1
HARTFIELD (1 MILE NORTH OF)	THE ORCHARD TEA ROOMS, PERRYHILL ORCHARDS, Edenbridge Road, Hartfield, East Sussex TN7 4JJ UK	01892 770 595	TQ 479375	7 days a week from 9.30am - 4.30pm
HASSOCKS (W. SX)	PROPER CYCLING & COFFEE, 26 KEYMER ROAD, BN6 8AN	01273 841 611	TQ 306155	WEEKDAYS 8:30 - 1800 WEEKENDS 9:00 - 3:00?
				BACK TO MAP 2
HASTINGS	RESTAURANT AT SAINSBURY'S SUPERSTORE		TQ 797131	DAILY INC. SUN.
HASTINGS	WEST HILL CAFE, CASTLE HILL ROAD	01424 429636	TQ 822095	DAILY 10-6
HASTINGS	Several along sea front			DAILY INC. SUN.
				BACK TO MAP 2
HAWKHURST (KENT)	LAKESIDE TEA ROOMS, HAWKHURST FISH FARM	01580 754000	TQ 759283	DAILY 9-5.30, Winter 9-4 not mon.
HAWKHURST (KENT)	HAWKHURST CAFE, 4-5, Deanborough House, Highgate Hill, N18 4JU - BY TRAFFIC LIGHTS IN MIDDLE OF VILLAGE	01580 388101	TQ 760306	OPEN DAILY 8:00 - 15:00
				BACK TO MAP 1
HAYWARD'S HTH. (W.Sx)	SAINSBURYS, HARLANDES ROAD		TQ 328247	DAILY (SUN. 10 - 3)
				BACK TO MAP 2
HEADCORN	PENNY LAMPARD ANTIQUES & GIFTS, HIGH STREET	01622 891217	TQ833442	DAILY 10-5, SUN. 11-5
				BACK TO MAP 2
HEATHFIELD	CO-OP STORE IN MAIN STREET		TQ 578215	DAILY, SUN 10-4
HEATHFIELD	BUTCHER'S HOOK CAFE, BURWASH ROAD, HEATHFIELD (JCT. A265/B2096)	01435 868444	TQ 594218	MON-SAT 7.00 - 3.00 SUNDAY 9.00 - 3.00
HEATHFIELD	BAY TREE CAFE, HIGH STREET, HEATHFIELD	01435 865922	TQ 518215	MON - SAT: 9:00 - 15:30, CLOSED SUN
HEATHFIELD	AROMA CAFE, 49 HIGH STREET, HEATHFIELD	01435 866671	TQ 580215	MON - SAT: 9:00 - 16:00, CLOSED SUN
				BACK TO MAP 2
HELLINGLY	BLACKSTOCK FARM, GROVE HILL, HELLINGLY, BN27 4HF	01323 848006	TQ 597132	
				BACK TO MAP 1
HENFIELD (W.Sx)	TRUFFLES BAKERY, HIGH ST. TAKEAWAY ONLY	01273 494469	TQ 214160	8.30 - 4.45 CLOSED SUNDAY

HENFIELD (W.Sx.) 1 MILE N. on A281	CLOUD TREE COFFEE SHOP, JACK DUNKLEY'S NURSERY, KIDDER'S LANE, HENFIELD, BN5 9AB	01273 494058	TQ 213178	WED. - SUN. 10.00 - 4.00
				BACK TO MAP 2
HICKSTEAD (W.Sx.)	LITTLE CHEF (A23 JNCT.), Jobs Lane, Hickstead, RH17 5NZ	01444 881194	TQ 271202	DAILY INC. SUN.
HICKSTEAD W.Sx.)	COUSINS CAFE, BOLNEY GRANGE BUSINESS PARK, STAIRBRIDGE LANE, HICKSTEAD, RH17 5PA (was Manuel's)	----	TQ 274206	MON.-FRI. 8.00 - 3.00 SAT. 8.00 - 2.00
				BACK TO MAP 1
HOLMES HILL, WHITESMITH	HAPPY DAYS CAFE, HOLMES HILL ESTATE, WHITESMITH, BN8 6JA (ON A22)	01825 872883	TQ 532128	Mon - Sat 8.00 - 5.00 CLOSED SUNDAY
HOOE	HOPE COTTAGE FARM SHOP, HOOE ROAD, NINFIELD	01424 892342	TQ 698107	MON.-FRI. 9:00 - 5:00; SUN. 10:00 - 4:00
N				BACK TO MAP 2
HORAM	LAKESIDE CAFE, HORAM MANOR	7944525477 www.lakesidemanorhoram.co.uk	TQ 576173	THURS-SUN. 9.30-4.30 & Bank Hol.Mon.
HORAM	TPODZ TEAROOM AT THE HORAM EMPORIUM - CLOSED - OPENING SOON UNDER NEW MANAGEMENT	01435 810310	TQ 577175	
				BACK TO MAP 1
HORSHAM (W.Sx)	THE CONSERVATORY, CAFE IN THE PARK - Horsham Park		TQ 174309	DAILY INC. SUN.
HORSHAM (W.Sx)	SAINSBURY's		TQ 169305	DAILY
				BACK TO MAP 1
HOVE	LAGOON CAFE, KINGSWAY, BN3 4LX	01273 770400	TQ 271045	DAILY
				BACK TO MAP 2
HURST GREEN	MERRIMENTS GARDEN CENTRE	01580 860666	TQ 737280	DAILY
HURST GREEN	EGGS TO APPLES FARM SHOP & CAFE, A21	01580 860566	TQ 732277	MON-SAT: 8:00 - 17:30 SUN 10 - 16:00
HURST GREEN	PLANTERS GARDEN CENTRE & CAFE, A21	01580 860959	TQ729286	MON - SAT 8:30 - 19:00, SUN 10 - 16:00
				BACK TO MAP 1
HURSTPIERPOINT (W.Sx)	CAFE MURANO, 99 HIGH STREET	01273 835344	TQ 282165	DAILY INC. SUN.?
HURSTPIERPOINT (W.Sx)	WASHBROOKS FARM PARK, BRIGHTON RD.	01323 832201	TQ 278162	DAILY 10.00 - 5.00
ITFORD	COURTYARD CAFE, SOUTH DOWNS YOUTH HOSTEL, ITFORD	0800 0191700	TQ 433055	DAILY 10 - 4

	FARM, BN8 6JS	southdowns@yha.org.uk	TQ 40000	DATE TO SET
I	TOP OF PAGE			BACK TO MAP 1
ISFIELD	CINDERS TEA ROOM AT THE LAVENDER LINE	01903 761455 07817 492013	TQ 452171	UNCERTAIN MAY OPEN WEEKENDS
J	TOP OF PAGE			BACK TO MAP 2
JEVINGTON	JEVINGTON TEAROOMS	01323 484745	TQ563014	WED.-SUN. 11-3 (PLUS BANK HOL. MONS.) SUMMER ONLY
JOHN'S CROSS	ROUTE 1066 CAFE, Battle Road, Johns Cross, Robertsbridge, East Sussex TN32 5JH	01580 882155	TQ 742212	MON-FRI 6:30-4:30; SAT & SUN 8:00-5:30
K	TOP OF PAGE			BACK TO MAP 1
KINGSTON, nr. Lewes	LEWES GARDEN CENTRE (WYEVALE)	01273 473510	TQ 402084	DAILY 9 - 6; SUN 10.30 - 4.30
L	TOP OF PAGE			BACK TO MAP 1
LEWES	RUNAWAY CAFE ON PLATFORM AT RAILWAY STATION	01273 473919	TQ 416098	DAILY
LEWES	COSTA COFFEE SHOP, TESCO SUPERMARKET		TQ 418105	DAILY (SUN. 10-4)
LEWES	OLD NEEDLEMAKER'S CAFE, WEST ST.	01273 486258	TQ 415013	NOT SUN.
LEWES	TEA BAR AT GRANGE GARDENS, SOUTHOVER		TQ 413098	DAILY 10-4 SUMMER
LEWES	BILL'S, 56 CLIFFE HIGH STREET, BN7 2AN	01273 476918	TQ 419102	MON - SAT 8 - 6; SUN 9 - 5
LEWES	LAPORTE'S CAFE & PRODUCE STORE, 4 Lansdown Place, Lewes, East Sussex, BN7 2JT	01273 478 817	TQ 417100	MON. to SAT. 8.30 - 5.00 SUN & BH 10 - 4
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LINDFIELD (W.SX.)	EVE'S at "Past & Present", 64 HIGH STREET	01444 483117	TQ 347255	9.30 - 5.00; Sun. 11 - 5
LINDFIELD (W.SX.)	DURRANT'S COFFEE SHOP, 53b HIGH ST	01444 483855		DAILY 10-4, EX. SUN.
LINDFIELD (W.SX.)	TRUFFLES, THE OLD POST HOUSE, 32 HIGH STREET, LINDFIELD, RH16 2HL	01444 275007	TQ 347254	MON-SAT 8.00 - 4.30 SUNDAY CLOSED
	TOP OF PAGE			BACK TO MAP 2
LITTLE COMMON, BEXHILL	TWO TREES, 37 COODEN SEA ROAD	01424 842066	TQ 714077	TUES.-FRI. 8am-2:30pm SAT. 8am-3pm; CLOSED SUN.
	TOP OF PAGE			BACK TO MAP 1
LITLINGTON	LITLINGTON TEA GARDENS	01323 870222	TQ 523018	DAILY Easter to end of October
LITLINGTON	CADENCE CAFE, CHURCH FARM, THE STREET, LITLINGTON, BN26	07884 431413	TQ 523020	MON-THURS 9am - 4pm; FRI. 9am - 6pm;

LETTERINGTON	5RA		TQ 26020	SAT 8am - 6pm; SUN 8am - 4pm
				BACK TO MAP 2
LOWER DICKER	CAFE AT BLACKBROOKS GARDEN CENTRE (ON A22) BN27 4BJ	01323 844834	TQ 560115	MON - SAT: 9:00 - 6:00 SUN. 10.00 - 4.00
				BACK TO MAP 2
LYDD (KENT)	Kerry's Café 3 Park Street, Lydd, TN29 9AY	01797 321052	TR 041207	DAILY - NOT SURE ABOUT SUNDAY
LYDD (KENT)	BREW AT 32, 32 High St, Lydd, Romney Marsh TN29 9AJ	01797 458288		TUES-SAT 10 - 4
M			TOP OF PAGE	BACK TO MAP 1
MANNINGS HEATH	HILLIER'S GARDEN CENTRE		TQ188296	DAILY
				BACK TO MAP 1
MARESFIELD	LITTLE CHEF (A22/A26 JNCT.)		TQ 468232	DAILY INC. SUN.
				BACK TO MAP 2
MARK CROSS	TERRACE CAFE, SUSSEX COUNTRY GARDENS A267	01892 852828	TQ 582312	MON.-SAT. 9-5.30; SUN. 10-5
				BACK TO MAP 2
MAYFIELD	CHURCH MOUSE TEAROOMS, HIGH STREET	01435 852828	TQ 586269	CLOSED MONDAYS SUNDAY 10 - 3.30
MAYFIELD	TRUFFLES, THE OLD BREWHOUSE, HIGH STREET, MAYFIELD, TN20 6AG	01435 510936	TQ 587270	MON-FRI. - 8:30-4:30; SAT. 8.30-4:00 CLOSED SUNDAY
N			TOP OF PAGE	BACK TO MAP 2
NEWENDEN (KENT)	LIME WHARF CAFE, Riverside Cottage, Rye Road, Newenden, Kent TN18 5PP	01797 253838 E-mail: info@limewharfcafe.co.uk	TQ 836270	OPEN DAILY 8:30 - 5:00 CLOSED XMAS-31 JAN
				BACK TO MAP 1
NEW ROMNEY	HEYWOOD CAFE at LIGHT RAILWAY	01797 362353	TR 074249	Mon-Sat 10-4 & weekends when trains run
				BACK TO MAP 1
NEWHAVEN	CAFE, DENTON CORNER SHOPS		TQ 455020	DAILY EX. SUN.
NEWHAVEN	PARADISE PARK (GARDEN CENTRE), AVIS ROAD	01273 616003	TQ 447024	DAILY INC. SUN.
				BACK TO MAP 1
NEWICK	PANTRY CAFE IN CHURCH ROAD, OPPOSITE NEWICK GARAGE		TQ 419211	OPEN - MON.-SAT. 10 - 4:00; CLOSED SUN

				BACK TO MAP 2
NORTHAM (KENT)	BUFFET, KENT & E. SX. RAILWAY STATION	01580 765155	TQ 835266	DAILY (When trains run)
NORTHAM (KENT)	WILL'S BAKERY & CAFE, MAIN STREET, NORTHAM, TN316NB	01797 253635	TQ 829244	MON-SAT 8:00-5:00; SUN 10:00-4:00
				BACK TO MAP 1
OFFHAM (E. SUSSEX)	TEA ROOM at OFFHAM FARM SHOP, OFFHAM, E. SUSSEX, BN7 3QE on the A275 just North of Lewes.	01273 478265	TQ 400126	OPEN - MON-FRI 9.00-5.30 SAT 9.00-4.00; SUN 11.00-4.00
P				BACK TO MAP 1
PARTRIDGE GREEN (W. SUSSEX)	THE BAKERY, 3 WILTON CLOSE, PARTRIDGE GREEN	01403 713199	TQ 191191	MON-SAT 07:00 - 15:00
			TOP OF PAGE	BACK TO MAP 2
PEASMARSH (KENT)	CAFE AT JEMPSONS SUPERSTORE, MAIN STREET, PEASMARSH, TN31 6YD	01797 230214	TQ 885230	MON-SAT 7.00 - 9.00
				BACK TO MAP 2
PENSHURST (KENT)	PORCUPINE PANTRY, PENSHURST PLACE, PENSHURST, KENT, TN11 8DG. www.penshurstplace.com/plan-your-visit/opening-times	01892 870307 Kudos@penshurstplace.com	TQ 527437	DAILY INC. SUN. April - Oct. 09:00-18:00 Nov.- Feb. 09:00-16.30 (ex. 25th-27th Dec.) May vary - Check on website
				BACK TO MAP 1
PETWORTH (W.Sx)	TIFFINS OF PETWORTH, HIGH STREET	01798 344560	SU 977216	WED. - SAT. 10.00 - 5.00 SUN & BANK HOLS 11.00 - 5.00
				BACK TO MAP 2
PEVENSEY	CASTLE COTTAGE TEA ROOMS	01323 460382	TQ 646048	DAILY INC. SUN.
				BACK TO MAP 2
PEVENSEY / RICKNEY	CHILLEY FARM SHOP, (lane from Pevensey roundabout to Rickney)	01323 768836	TQ 637062	MON-SAT 10-4 NOW ALSO SUN 10-4 IN SUMMER
PEVENSEY BAY	OCEAN VIEW RESTAURANT & BAKERY, 7 EASTBOURNE ROAD, BN24 6EJ	01323 761495	TQ 657040	DAILY 6.30 - 4.00
POLEGATE	MILL HOUSE CAFE	01323 483356	TQ 582048	DAILY INC. SUN.
POLEGATE	SARAH'S COFFEE & CAKES, 71 HIGH STREET, POLEGATE, BN26 6AH	01323 488062	TQ 582049	MON-FRI 7.00-5.00; SAT 7.00-3.00 CLOSED SUNDAYS

POLEGATE	THE CUCKOO SHACK, PRIORY COURT FARM, SAYERLANDS LANE, BN26 6QX NOTE - CASH ONLY.	07812 340601	TQ 586060	WED-SUN 10:00-4:00
				BACK TO MAP 1
POYNINGS	CLAIRE'S, RUSHFIELDS NURSERY HENFIELD ROAD, POYNINGS, BN45 7AY	01273 857550	TQ 264130	DAILY INC. SUN. 9.30 - 4.30
				BACK TO MAP 1
PULBOROUGH (W.Sx)	PULBOROUGH GARDEN CENTRE, STOPHAM ROAD, RH20 1DS	01798 872981	TQ 035183	DAILY INC. SUN.
PYECOMBE	WAYFIELD PARK FARM SHOP, London Road, Pyecombe, West Sussex BN45 7ED	07742 082 051 info@wayfieldparkfarm.co.uk	TQ 284127	TUES-SAT 9:30-5:00 SUN 10:00-4:00
R				
READING STREET (KENT)	PLANTER'S CAFE, TENTERDEN GARDEN CENTRE, APPLIEDORE ROAD, READING STREET (nr. TENTERDEN) TN30 7HT	01233 758510	TQ 922305	DAILY 10.00 - 5.00
RINGMER	JACK & JILL BAKERY, 62 Springett Ave. (Small - Max. 6?)	01273 813550	TQ 447125	NOT SUN.
RINGMER	CAFE RINGMER, 58 SPRINGETT AVENUE, RINGMER, BN8 5QX	01273 933770	TQ 447125	MON. - FRI. 8 AM - 4 PM SAT. 9 - 4; SUN. 10 - 3
RINGMER	CAFE, RAYSTEDE ANIMAL WELFARE CENTRE, THE BROYLE	01825 840252	TQ 480143	DAILY 10 - 4
RINGMER	CAFE AT THE OLD FORGE, LEWES ROAD, RINGMER, EAST SUSSEX, BN8 5NB	01273 814317	TQ 453127	TUES-SAT 9:30 - 5:00 SUN 11:00 - 4:00
RIPE	RIPE VILLAGE STORES, CHURCH LANE, RIPE, EAST SUSSEX, BN8 6AS	01323 811811	TQ 511101	MON-FRI. 9.00 – 17.00 SAT: 9.00 – 13.00 CLOSED SUNDAYS
ROBERTSBRIDGE	JUDGE'S BAKERY AND COFFEE SHOP, 51 HIGH ST., TN32 5AL	01580 880434	TQ 738236	MON.-SAT. 7.30-5.30; SUN. 8.30-1.00
ROLVENDEN (Sth of)	WORLD OF WATER, HASTINGS RD.	01580 241771	TQ 833298	DAILY INC. SUN.
ROMNEY MARSH	NEW OASIS CAFE, LYDD RD., OLD ROMNEY, KENT, TN29 9SG.	01797 367979	TQ 030251	8 - 3:30 CLOSED TUES.
ROTHERFIELD	COURTYARD CAFE, 6A HIGH ST., ROTHERFIELD, TN6 3LL	01892 852333	TQ 557297	MON. - SAT. 8.00 - 5.00. CLOSED SUN.

ROTHERFIELD	BLOSSOM & BEAN, HIGHGATE NURSERY, ERIDGE LANE, ROTHERFIELD, TN6 3JU	01892 852123 robyn@blossomandbean.co.uk	TQ556307	MON - FRI. 10:00 - 4:00 SAT 9:30 - 4:00 CLOSED SUNDAY
RYE	STRAND QUAY CAFE	01797 223779	TQ 918202	Mon-Sat 8-3; Sun. 9-3
RYE	FAT CONTROLLER, Station Approach	01797 227114	TQ 918202	DAILY INC. SUN.?
RYE	JEMPSON'S BAKERY, 45 CINQ PORTS STREET	01797 223986	TQ 919204	MON.-SAT. 8 - 6 CLOSED SUN.
RYE HARBOUR	BOSUN'S BITE, THE POINT, RYE HARBOUR		TQ 942191	WED-SUN 9:30 - 2:30
SADDLESCOMBE (W.SX.)	HIKER'S REST AT SADDLESCOMBE FARM, SADDLESCOMBE ROAD, POYNINGS. (TEA BAR WITH SOME COVERED SEATING)		TQ 272115	MARCH -OCT 10.30 - 3.30; WEEKENDS 11 - 4
SALTDEAN	WHITE CLIFFS CAFE, MARINE DRIVE, BN2 8SQ (UNDERCLIFF WALK)	01273 309219	TQ381019	DAILY 9am - 11pm
SCAYNES HILL (W.SX)	BAKEHOUSE KITCHEN CAFE, UPCOUNTRY GARDEN CENTRE, LEWES ROAD, SCAYNES HILL, WEST SUSSEX, RH17 7NG	01444 831311 admin@upcountrystorehouse.com	TQ 373222	MON - SAT 9 – 5:30; SUN 10 – 4
S				
SEAFORD	CAFE AT SALTS RECREATION GROUND		TV 477992	DAILY 9:00 - 5:00
SEAFORD	COFFEE HOUSE, DANE ROAD (opposite Morrisons)	01323 894877	TV 482991	NOT SUN.
SEAFORD	FRANKIE'S BEACH CAFE - KIOSK ON PROMENADE.		TV481988	MON-FRI 9.00 - 5.00; SAT & SUN 10.00 - 5.00 SEASONAL
SEDLSCOMBE (A21)	GARDEN CENTRE (A21/B2244 jct.)	01424 870673	TQ 781170	DAILY INC. SUN.
SELMESTON	WILD BEAN CAFE AT PETROL STATION ON A27		TQ 507067	DAILY - NO DETAILS OF HOURS AT PRESENT
SHARPETHORNE (W.SX.)	PERICLES ORGANIC CAFE, TOP ROAD, SHARPETHORNE, RH19 4PQ	01342 811321	TQ 373324	TUES-FRI 9 - 5; SAT & SUN 10 - 5

SHEFFIELD PARK	OAKWOOD MANOR HALL TEA ROOM - ON ACCESS ROAD TO SHEFFIELD PARK GARDEN	01825 790338	TQ 412242	NOV-MAR 10.30-4.00 APR-OCT 10.00-6.00
SHOREHAM (W.Sx)	TRUFFLES - HUMMINGBIRD RESTAURANT, SHOREHAM AIRPORT,	01273 452300	TQ 205051	DAILY 8 - 5
SHOREHAM (W.Sx)	TRUFFLES, 18 BRUNSWICK ROAD	01273 441968	TQ 217053	8.30 - 4.45 EXCEPT SUN.
SISSINGHURST	SISSINGHURST CASTLE TEAROOMS KENT TN17 2AB (NATIONAL TRUST)	01580 710700	TQ 807384	OPEN DAILY 10:00 - 5:30
SMALL HYTHE (KENT)	TENTERDEN VINEYARD, B2082 Sth of Tenterden	01580 763033	TQ 893308	DAILY INC. SUN.
SOUTHWATER (W.Sx)	TEA ROOM IN SOUTHWATER COUNTRY PK.	01403 738218	TQ 160257	All Year - Fri., Sat. & Sun. (+ some School Hols. - PHONE TO CHECK.)
SOUTHWATER (W.Sx)	THE LITTLE TEAHOUSE, 18 Fairbank Road, Lintot Square, Southwater, Horsham, RH13 9LA	01403 738111	TQ 158264	Mon - Fri. 8:30 am - 5:00 pm Saturday 9:30 am - 4:30 pm Closed Sunday
STANMER PARK	VILLAGE STORE TEA ROOMS	01273 604041	TQ 337097	DAILY 10 - 4
STAPLEHURST	IDEN CROFT HERBS, FRITTENDEN ROAD	01580 891432	TQ 790425	DAILY INC. SUN.
STEYNING (W.Sx)	TRUFFLES, HIGH STREET BN5 9DA	01273 494469	TQ 175113	8.30 - 4.45
STONE CROSS	COFFEE SHOP AT SHARNFOLD FARM SHOP, HAILSHAM RD., BN24 5BU	01323 768490	TQ 608049	9.30 - 5.00 DAILY
STORRINGTON (W.Sx)	TRUFFLES, 2 OLD MILL SQUARE	01903 742459	TQ 089144	8.30 - 4.45 EXCEPT SUN.
STORRINGTON (W.Sx)	GERSTON FARM GRAB 'N' GO, GREYFRIARS LANE, STORRINGTON, RH20 4HE	07787 519906	TQ084135	WED - SUN 9:00 - 4:00

SULLINGTON (W.Sx)	THE OLD WORKSHOP CAFE, SULLINGTON MANOR FARM, STORRINGTON, W SUSSEX, RH20 4AE	01903 745754 info@sussexholidayco ttages.biz	TQ 099132	THURS-SUN 10 - 4
T				
TENTERDEN (KENT)	CECI'S CORNER COFFEE 7 GIFT SHOP, UNIT 2-3, COOMBE LANE	01580 531295	TQ 882335	MON - SAT 9 -5
TICEHURST	THE COURTYARD CAFE, NEWINGTON COURT, PICKFORDE LANE	07854 522269	TQ 689303	MON-FRI 8.30 - 3.30 SAT 9 - 1.30 CLOSED SUN.
TUNBRIDGE WELLS	CAFÉ IN CALVORLEY PARK, TN1 2SH	01892 511210	TQ 586393	DAILY INC. SUN.
TUNBRIDGE WELLS	CAFE AT TUNBRIDGE WELLS GARDEN CENTRE (WYEVALE), ERIDGE ROAD, T. WELLS, TN4 8HR	01892 515234	TQ574384	DAILY 9.00-6.00 - SUN. 10.30- 4.30
TUNBRIDGE WELLS	CAFÉ IN DUNORLAN PARK		TQ598396	DAILY INC. SUN.
TUNBRIDGE WELLS	CAFÉ AT SAINSBURY'S SUPERSTORE		TQ 578384	DAILY INC. SUN.
U				
UCKFIELD (Nth. of)	BARNSGATE MANOR VINEYARD (A26)	01825 713366	TQ482283	DAILY 10 - 5
UCKFIELD	BRANDONS COFFEE SHOP, 3 POST OFFICE COURT, 75 HIGH STREET	01825 766960	TQ473212	MON-SAT 8.30-5.00
UCKFIELD	LUXFORD'S RESTAURANT, CIVIC CENTRE	01825 761659	TQ472212	Mon-Sat 8.30 - 4.30
UCKFIELD	TESCOS		TQ472211	DAILY INC. SUN.
UCKFIELD	UTOPIA LEISURE CENTRE, DOWNSVIEW CRESCENT	01825 761160	TQ 477216	DAILY
UPPER DICKER	THE VILLAGE STORES & TEA ROOMS, COLDHARBOUR ROAD, UPPER DICKER, BN27 3QE	01323 844352	TQ 553098	DAILY: MON-FRI 8 - 6 SAT. & SUN 9 - 2
W				
WASHINGTON (W.Sx.)	WASHINGTON GARDEN CENTRE, A24	01903 892006	TQ 125145	DAILY INC. SUN.
WHITESMITH	BLACKBERRY FARM, WHITESMITH, EAST SUSSEX, NN8 6JD ON A22	01825 872912	TQ 522146	DAILY INC. SUN. 8.00 - 5.00

WHITEWAYS LODGE W.Sx	TEA BAR IN CAR PARK (A29/A284 RNDBT.)		TQ 002108	DAILY INC. SUN.
WIGGONHOLT (W.Sx.)	PULBOROUGH BROOKS RSPB RESERVE (A283 Pulborough-Storrington rd.)	01798 875851	TQ 061166	DAILY INC. SUN.
WILMINGTON	WISHING WELL TEA ROOMS (A27), LEWES ROAD, BN26 5SG	01323 487967	TQ 547048	FRI - MON 10-4
WINCHELSEA	WINCHELSEA FARM KITCHEN, 11-12 HIGH STREET, TN36 4EA	01797 226287	TQ 906175	MON.-SAT. 8:00-5:00 SUN. 8:00-4:30
WISBOROUGH GREEN (W.Sx.)	FISHER'S FARM PARK, NEWPOUND LANE	01403 700063	TQ 05 26	DAILY 10.00 - 5.00
WISBOROUGH GREEN (W.Sx.)	OLD MILL CAFE - on main road opposite village green	01403 700094	TQ 050258	OPEN DAILY EX. WED. FROM 9.30
WOODCHURCH (KENT)	RARE BREEDS CENTRE TN26 3RJ	01233 861493	TQ 956339	Tue-Sun 10.30-5.30 (Oct.-Mar. 4.30)
WORTH (W.Sx.)	TULLEY'S FARM SHOP, TURNER'S HILL ROAD	01342 718472	TQ 325358	DAILY INC. SUN.
WYCH CROSS	ASHDOWN LLAMA FARM (A22)	01825 712040	TQ 424315	DAILY
WYCH CROSS	COOLINGS GARDEN CENTRE, Colemans Hatch Road, Forest Row, RH18 5JW	01342 822705	TQ 421321	Monday to Saturday – 9:30am to 4:30pm. Sunday – 10:00am to 4:30pm